

High-Frequency Alternating (AC) Fields

Cell and transmission towers are strong sources of electrosmog. Largely placed on rooftops, they emit radio frequency radiation that threatens our health.

High-frequency alternating fields penetrate walls and cannot be switched off. They always have a transmitter that generates them. However, they do not need a receiver to have an effect on you.

Examples of these fields include:

- Mobile/Cell phones (GSM, UMTS, LTE etc.)
- Mobile/Cell phone towers
- Cordless Telephone (DECT) radiation
- Microwave ovens
- Wi-Fi (Wireless internet)
- Bluetooth
- Radar
- CB radio
- GPS